

CLENPIQ

It is IMPORTANT that you read these instructions well in advance and follow them completely to ensure a successful exam. It is critical for you to thoroughly clean out your colon. Stool remaining in the colon can hide polyps or other abnormalities.

WHAT YOU WILL NEED:

Fill your prescription for Clenpiq several days before your procedure.

Clenpiq comes ready to use, no mixing required.

DO NOT REFRIGERATE OR FREEZE!!

	DAY BEFORE your procedure	DAY OF your procedure
DIET	<ul style="list-style-type: none"> • NO SOLID FOOD THE ENTIRE DAY • NO ALCOHOL or any recreational drugs. • Stay hydrated! Drink clear liquids all day such as water, sports drinks, tea or black coffee (no milk or cream), broth, apple or white grape juice, soda's, jello, or popsicles. Nothing red or purple. <p>*Follow a low fiber diet: avoid seeds, nuts, corn, salads, and lettuce 3 days prior to procedure.</p>	<ul style="list-style-type: none"> • You can drink clear liquids up to 4 HOURS before your Procedure. • Do not use any form of tobacco or nicotine products <u>4 hours</u> before your test. • Remove contact lenses and all body piercings. • Medications may be taken <u>4 hours</u> prior to your procedure.
PREP	<p>At 1:00 pm: drink the first dose (5.4 oz. bottle) of CLENPIQ. Drink the entire contents, drinking slowly with a straw may help. Drink at least five (5) 8 ounce cups of clear liquids over the next 5 hours.</p> <p>At 7:00 pm: Drink the second dose (5.4 oz. bottle) of CLENPIQ. Follow with at least THREE (3) 8 oz. cups of clear liquids within 2-3 hours of bed. Continue to drink clear liquids as tolerated to remain hydrated.</p>	

TIP: Colder fluid will be tolerated better. If you become nauseated or bloated drink slower.