GREATLAKES GASTROENTEROLOGY & THE ENDOSCOPY CENTER OF LAKE COUNTY

(440) 205-1225

Medication Instructions:

Notify the office **if you have** an implanted heart defibrillator, pacemaker, or decreased kidney function If you have diabetes and take insulin, contact your physician that manages this for specific instructions.

1. If you check your blood sugars, test it the evening before and the morning of your procedure. **If you have a low blood sugar** on preparation and/or test day, you must treat it with one of the following: four or five glucose tablets non-red or purple in color, ½ cup apple juice, ½ cup white grape juice, or 1 cup real soda (15 grams of carbohydrate) and test your blood sugar more times than usual during the day while trying to keep blood sugar numbers between 100 and 200mg/dl. If low blood sugar persists, contact your health provider for guidance.

HOLD the following medications using these guidelines, unless otherwise instructed by your Primary Care doctor, Cardiologist or Endocrinologist

	7 DAYS BEFORE	5 DAYS BEFORE	2 DAYS BEFORE
Blood Thinners		Warfarin (Coumadin) Anti-platelets such as Clopidogrel/Plavix, Ticlid, Effient, Brilinta, Aggrenox, Pletal, Arixtra, Elmiron, Persantine Ticlopidine	• Pradaxa, Xarelto, Eliquis, Savaysa
Iron	Iron supplements (ferrous sulfate)		

GLP-1 Medications:

Once weekly injections for diabetes or weight loss, stop taking 7 days prior to your procedure. These include: Trulicity (Dulaglutide), Byetta or Bydureon (Exenatide), Ozempic or Wegovy (Semaglutide), Mounjaro (Tirzepatide).

Medications to HOLD the morning of the procedure:

Oral Diabetes	• Hold all oral diabetic medications. Check blood sugar, if possible, prior to coming in.
Blood Pressure & Heart Meds	• Ace Inhibitors: ending in "pril [i] (Lisinopril, Ramipril, Enalarpril or Vasotec, Moexipril or Univasc, Captopril or Capoten, Perindopril or Aceon, Accupril • Angiotensin II Receptor Blockers (ARB's): ending in 'artan (Losartan, Valsartan, Benicar) • Angiotensin II Receptor Blockers (ARB s) combined with calcium channel blockers such as (Amlodipine/Valsartan, Amlodipine/Olmesartan, and Telmisartan/Amlodipine)
Diuretics Water pills	• HCTZ (hydrochloro-thiazide), Lasix (furosemide), Maxzide, Chlorthalidone, Dyazide (triamterene/hydrochlorothiazide), Spironolactone

TAKE ALL OTHER BLOOD PRESSURE MEDICATIONS NOT LISTED ABOVE

If you use a rescue inhaler, please be sure to bring it with you.

Special Instructions:_____

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Lake West – Same Day Surgery
36000 Euclid Avenue
Willoughby, Ohio 44049

Tri Point - Main Entrance

Endoscopy Center of Lake County, LLC

7590

Auburn Rd.9614 Old Johnnycake Ridge Rd.
Concord 44077 Mentor 44060

2/20/2024